

the course

- a four day (24 hour) course.
- The trainer programme is designed to introduce a systematic method of training candidates to provide emergency care. Topic learning and presentation inter mixed with scenarios of real situations • the programme is a five step process.
- **core knowledge**
valid standard course • advanced course • first aid experience
- **training skills**
4 day trainer • assignments • video assessment • external assessment
- **observation**
observe foundation level course • logbook for recording attendance
- **supervision**
supervised training with registered trainer
- **registration**
recommendation by two registered trainers • independent trainer



REC trainer

- is able to deliver the rescue emergency care scheme to students

the content

- the course is progressive, each session utilises previous modules. Assignments are integrated throughout the course.
- **code of practice** ACOP • 1974 H&S at work act • equality • safety • assignments
- **presentation** presentation skills • communication • dealing with candidates • audiovisuals
- **teaching** teaching skills • lesson plans • learning outcomes • planning • assignments
- **coaching** skill building • small groups • skill development • demonstrating • feedback
- **assessing** observing • questions • productive assessment • constructive assessment
- **video analysis** presentations • teaching • coaching • assessing • feedback • assignments
- **development** new developments • research • assignments • cpr 100%

the assessment

- the instructor award is assessed by • observing training • observing assessing • oral • written assignments

the candidates

- any candidate wishing to deliver the rescue emergency care scheme must have completed the advanced course and have an indate HSE certificate for First Aid at Work

the qualification

- On completion of the REC trainers course you must complete the following to become a recognised REC trainer: observe a number of REC trainers • teach on first aid courses under the supervision of qualified REC trainers • submit written recommendations from REC trainers • submit teaching file • keep an up-to-date portfolio.

